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Amish Cooks Across America: Recipes and Traditions from Maine to Montana

Lovina Eicher, Kevin Williams

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Amish Cooks Across America: Recipes and Traditions from Maine to Montana Lovina Eicher, Kevin Williams
The popular columnist and cookbook author The Amish Cook explores the traditions of Amish settlements across America, with more than 100 new recipes from Amish and Mennonite communities, as well as profiles of the communities themselves.

In *Amish Cooks Across America: Recipes and Traditions from Maine to Montana*, the celebrated columnist and cookbook author known as The Amish Cook explores why one Amish community in the Northeast makes Shoofly Pie while another settlement in the South favors Muscadine Pie.

Divided into chapters highlighting Amish groups in the North, South, East, West, and Midwest, with side trips to Canada and Central America, this recipe book doubles as a travelogue, sampling the cultural and culinary differences among Amish and Mennonite communities across the nation.

The Amish are the original locavores. In this collection of fascinating recipes, you'll find favorites from middle America, such as Scalloped Corn, alongside coastal specialties such as Grilled Lime Fish Fillets and Avocado Egg Scramble, as well as Western staples such as Elk Stew and Huckleberry Pancakes, and Southern classics such as Sweet Potato Surprise Cake.

This more-than-a-cookbook is filled with full-color photographs of food and the places visited, along with profiles that explore the origins and cooking traditions of each community. This is a book like no other--a delicious melting pot and a fascinating armchair tour of Amish America.

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