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We Were Young and Carefree

Laurent Fignon

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We Were Young and Carefree Laurent Fignon
'One of the most charismatic and flamboyant cyclists in recent history' Daily Telegraph Laurent Fignon is one of the giants of modern cycling. Twice-winner of the Tour de France in the early eighties, Fignon became the star for a new generation. In 1989 he took part in one of the most fiercely-contested Tours of all time. Over the course of 3,285 kilometres he lost out to his American arch-rival, Greg LeMond, by an agonising eight seconds on the final Parisian time trial. In this forthright and unflinching account the former champion spares neither friends nor opponents, nor even himself. In doing so he gives cycling fans a tantalising glimpse of what really went on behind the scenes of this epic sport - the friendships, the rivalries, the betrayals, the scheming, the parties, the girls, and, of course, the performance-enhancing drugs. Laurent Fignon lived cycling at its peak. He enjoyed a truly exceptional career, winning over eighty titles from 1982 to 1993. The highs were matched by lows of serious injury, periods of self-doubt, and accusations of cheating. Fignon's story bestrides a golden age in cycling: a time when the headlines spoke of heroes, not doping, and a time when cyclists were afraid of nothing.

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