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Getting Great Spa On the Road to Wellness (Volume 1)

Kathryn L. Stolle

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Getting Great Spa On the Road to Wellness (Volume 1) Kathryn L. Stolle
For all spa fans…from the first timer to the spa junkie! Take the mystery out of spa treatments as you discover a spa insider's ultimate secrets. Here's your easy groundbreaking guide to everything from the miracles of massage to pristine pedicures to finding your life's balance. One of the top three reasons, globally, for not visiting a spa is that guests don't know what to expect. Here you'll find useful, practical tools to help find, schedule and enjoy a spa experience anywhere in the world. The biggest plus? As you peruse these pages, you'll learn that health and wellness through spa going can truly enhance your personal wellbeing. "Kathryn has accomplished something that I think hasn't been done before: writing a book that will be enjoyed by, and be of value to, anyone wanting to get an insider's view of the world of spas." Susie Ellis, President, SpaFinder Inc.

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