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Adoption Therapy: Perspectives from Clients and Clinicians on Processing and Healing Post-Adoption Issues

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A much-needed anthology addressing a variety of potential psychological and physiological concerns, Adoption Therapy, Perspectives from Clients and Clinicians on Processing and Healing Post-Adoption Issues is a must-read for adoptees, adoptive parents, first families, and vitally, mental health professionals. With writing by adoptees, adoptive parents, and clinicians, Adoption Therapy is a first-of-its-kind and wholly unique reference book, providing insight, advice, and personal stories which highlight the specific nature of the adoptee experience. Topics Include:

• The psychological dangers in leaving trauma and grief buried and unaddressed
• The importance of community in healing the wounds of separation
• Understanding the physical and psychological effects of transracial adoption
• Attachment—including the inability to attach, inappropriate attachment, and the myth of Reactive Attachment Disorder
• Conception by rape: an adoptee speaks out
• Co-dependency, intimacy, and creating closeness
• The life-long effects of pre- and perinatal trauma
• Processing complex trauma, complex grief, and Post-Traumatic Stress Disorder
• Specific concerns for Late Discovery Adoptees
• The relationship among trauma, anger and rage, and substance abuse
• For adoptive parents and adoptees: red flags when working with a therapist

—Laura Dennis, Anthology Editor and Author of Adopted Reality, A Memoir

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